

Central Florida Works on Wellness

Central Florida Works on Wellness (CFWOW) is a networking, educational outreach and resource-sharing group designed to help members share best practices, while providing support for creating a culture of health in the workplace to support healthier enterprises and therefore, a stronger community.

To become a member of the Central Florida Works on Wellness group, please complete the form and submit it to us at **Health.Performance.Strategies@AdventHealth.com**

Member Information:

Name:

Last

First

Job Title:

Email address:

Phone number:

Company name:

Number of employees:

1. Do you currently have an employee wellness program in place?

Yes

No

Planning to

2. How do you measure the success of your wellness program(s)? Check all that apply.

Employee participation

Improve morale or decreased absenteeism

Increased productivity or other measureable return on investment

Comparing self-reported health outcomes before and after programming Claims data

We do not have a wellness program

3. Would you like information on any of the following Health Performance Strategies programs/services? Check all that apply.

Workplace Wellbeing Programs (The Stress Recovery Effect, The Trust Transformation, The Rest of Your Life)

Workplace Health and Wellness (Consulting, assessments, packages)

Education (speakers, seminars, webinars, trainings)

Fitness, Recovery & Nutrition (recipes and cooking demonstrations, group fitness, walk-to-run training, weight management)

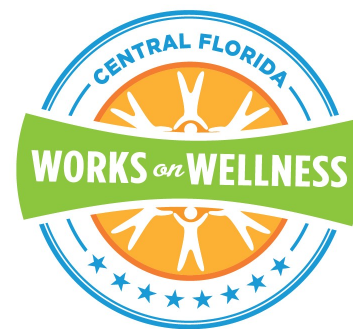
Chronic Disease Management

4. Has your company been recognized for any wellness awards within the past year?

Yes

No

5. If you answered "no" to question no. 4, why not?



By checking this box, I agree to be an active member, engaging in at least two meetings each year or sending a representative from my company on my behalf. I understand this is not a leads-generating sales forum for new business. My role as a business leader, wellness or human resources professional is to participate in the development, contribution and ideation of new programs, to share insights from past learnings, and to enhance workplace wellness in my community. I agree to pay the membership fee in full within 30 days of receiving the invoice.